



Class Schedule

512-310-0131

Starting 08/28/2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiger Cubs (4-5 yr olds) 4:30-5:00pm		Tigers (6-7 yr olds) 4:30-5:00pm		CLOSED	Kickboxing (13 & UP) 9:00-9:45am
K4K Advanced 5:00-5:45pm	Tigers (ALL Ages) 5:15-5:45pm	K4K Advanced 5:00-5:45pm	Black Belts 5:00-5:45pm	CLOSED	Tigers (ALL Ages) 9:45-10:15am
Tigers (6-7 yr olds) 6:00-6:30pm	K4K Beginners 5:45-6:30pm	Tiger Cubs (4-5 yr olds) 6:00-6:30pm	Leadership 5:45-6:30pm	CLOSED	Family Class 10:15-11:00a
K4K Beginners 6:45-7:30pm	Legacy BY INVITATION 6:30-7:15pm	K4K Beginners 6:45-7:30pm	Family Class 6:30-7:15pm	CLOSED	Competition 11:00-11:45am
Teen/Adults (13 & UP) 7:30-8:15pm	K4K Advanced 7:15-8:00pm	Leadership 7:30-8:15pm	Teen/Adults (13 & UP) 7:15-8:00pm	CLOSED	Teen/Adults (13 & UP) 11:45am-12:30pm
Kickboxing (13 & UP) 8:15-9:00pm	Teen/Adults (13 & UP) 8:00-8:45pm	Teen/Adults (13 & UP) 8:15-9:00pm	Kickboxing (13 & UP) 8:00-8:45pm	CLOSED	Staff Workout 12:30-1:15pm

Note: Classes with less than 5 students may get removed from the schedule. We will always be closed: Spring Nationals, Summer break/Worlds, Fall Nationals, Thanksgiving, 2 weeks for Winter Break, and 1 Saturday per Quarter for Black Belt Testing. **Mondays and Saturdays are T-Shirt days** (students may wear white uniform or ATA Taekwondo shirt and ATA pants).

K4K Breakdown:

Beginner: White – Green (D)

Advanced: Purple – Black